# Full Report (All Nutrients) 45002560, BREMER, HAM & CHEESE HOT STUFFED SANDWICHES, UPC: 041498110109

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Report Date: June 13, 2017 18:31 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer Aldi-Benner Company

Nutrient	Unit	Data points	Std. Error	127.0 g 127g	1 Value Per100 g
Proximates					
Energy	kcal			310	244
Protein	g			14.00	11.02
Total lipid (fat)	g			13.00	10.24
Carbohydrate, by difference	g			34.00	26.77
Fiber, total dietary	g			3.0	2.4
Sugars, total	g			5.00	3.94
Minerals					
Calcium, Ca	mg			150	118
Iron, Fe	mg			4.50	3.54
Sodium, Na	mg			690	543
Vitamins					
Vitamin C, total ascorbic acid	mg			1.1	0.9
Vitamin A, IU	IU			100	79
Lipids					
Fatty acids, total saturated	g			6.998	5.510
Fatty acids, total trans	g			0.000	0.000
Cholesterol	mg			36	28

### **Amino Acids**

### Other

#### Ingredients

CRUST: WHOLE WHEAT FLOUR, WHEAT ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), FILLING: HAM, WATER ADDED (CURED WITH WATER, DEXTROSE, LITE SALT [POTASSIUM CHLORIDE, SODIUM CHLORIDE], SALT, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO COLOR), WATER, CHEESE SAUCE MIX (CHEESE BLEND [WHEY, CHEDDAR CHEESE {CULTURED MILK, SALT, ENZYMES}, REDUCED LACTOSE WHEY, MALTODEXTRIN, CANOLA OIL, SALT, DISODIUM PHOSPHATE, BLUE CHEESE {CULTURED MILK, SALT, ENZYMES}, NONFAT DRY MILK,

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Page 2 of 2 CTIRIC ACIDI, MODIFIED FOOD STARCH, WHEY, CORN SYRUP SOLIDS, COCONUT OIL, SALT, YEAST EXTRACT, SODIUM CASEINATE, POTASSIUM & SODIUM PHOSPHATE, ANNATTO EXTRACT {COLOR}, SUGAR, MONO & DIGLYCERIDES, CITRIC ACID XANTHAN GUM, DISODIUM INOSINATE, SOY LECITHIN), LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CULTURES, SALT, ENZYMES), REDUCED SODIUM LOW FAT MOZZARELLA CHEESE ([PASTEURIZED PART-SKIM MILK, CULTURES, SALT, ENZYMES], NONFAT MILK, MODIFIED FOOD STARCH\*, POTASSIUM CHLORIDE\*. CONTAINS 2% OR LESS OF: WHITE FLAKE, NON HYDROGENATED SHORTENING (PALM OIL WITH SOYA LECITHIN), SHORTENING (VEGETABLE OIL [PALM AND SOYBEAN OIL]), SUGAR, INSTANT DRY YEAST, DOUGH CONDITIONER (WHEAT FLOUR, DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES [DATEM], CONTAINS 2% OR LESS OF: SOYBEAN OIL, L-CYSTEINE, ENZYME, ASCORBIC ACID, AZODICARBONAMIDE [ADA]), DRIED EGG YOLKS (LESS THAN 2% SODIUM SILICOALUMINATE ADDED AS AN ANTICAKING AGENT), SALT, BUTTER FLAVOR (MALTODEXTRIN, BUTTER FLAVOR), SALT, DOUGH SOFTENER (WATER AND MONOGLYCERIDES WITH PROPIONIC ACID AND PHOSPHORIC ACID (ADDED AS PRESERVATIVES]), MODIFIED FOODSTARCH, METHYCELLULOSE, CHEESE SPRINKLE (PARMESAN CHEESE GRATED [PASTEURIZED PART-SKIM MILK AND/OR COW'S MILK, CHEESE CULTURES, SALT, ENZYMES], MODIFIED FOOD STARCH AND POWDERED CELLULOSE [ANTI-CAKING AGENT]). Date Last Updated by Company: 04/04/2014